



FRANCISCAN CLARIST CONGREGATION
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Peace & Joy



Prot No. 168/2025
LMG. 04/2025

Dated: 07.06.2025

*“For as many as are led by the Spirit of God are children of God.
For you have not received the spirit of bondage again to fear,
but the Spirit of adoption, by whom we cry, Abba, Father” (Rom. 8:14-15).*

Dear Provincial Superiors, Regional Superiors, Local Superiors, dear Mothers, Sisters, and beloved Children in formation,

Hope this message finds you all well in the grace of God. These days, we hear from the news about the adverse situations caused by climate change, bringing great hardship to the people of Kerala and many parts of North India. Let us uphold in prayer all those who are suffering in various ways. Let us also take special care and show deep compassion and solidarity with our brethren living in the most vulnerable conditions, and extend to them whatever support we can.

These are the days, we intensely prepare ourselves for the feast of Pentecost. I pray that the special prayers, meditative reading of the Bible, penitential life style, and efforts to grow in fraternity etc. may accelerate our preparations. Each one of us is elevated to the status of the daughter of God by the Holy Spirit given to us through Baptism. The goal of our life is to constantly nurture this daughter-ship in us, and come into a transforming union with Jesus. We know that this union with God is the highest stage of our spiritual life. Our father, St Francis, who was transformed into Jesus Christ even physically, stands in front of us and invites us: “Daughter, come with me to our Lord... This union is possible for you too.” With constant vigilance, let us cooperate with the Holy Spirit, who makes this intimate union possible. We are to cooperate with the Spirit by “putting to death the desires of the flesh through the Spirit” (Rom. 8/13). Praying for the grace that enables each FCC daughter to listen to the promptings of the Holy Spirit who dwells in us, to respond to it with love, and thereby to grow in the identity of the “*daughter of God*,” I wish everyone a very happy Feast of Pentecost.

Most of our sisters are in the process of cleaning and sanctifying their ‘inner man,’ (the spiritual core), and growing in the Holy Spirit through the 33 - day retreat, and other annual retreats. Let us earnestly strive to foster our renewed spirit through regular meditation, personal prayer, study of the Holy Scripture, active participation in the Holy Mass, spiritual reading, and also through our acts of penance and reparation. Let us no longer turn to the tendencies of the old man. Do not forget that if we turn back, to the old man it will lead us to panic situations and great destruction.

Following the Feast of Pentecost, on 15th June, we celebrate the Feast of the Holy Trinity. In the sacred memory of the plan of salvation that God the Father had initiated with His incessant love towards humanity, and fulfilled through His only Son and the Holy Spirit, let us celebrate this feast with a deep thirst to attain the perfect communion with the Holy Trinity, and lead many people to this perfect unity. In the coming days, we celebrate the Feast of the Holy Eucharist and the Feast of the Sacred Heart of Jesus. Praying that each feast celebration be an encouragement for all of us to grow one step further in love and holiness, wish you all the joyous greetings of these grace-filled days.

On 03rd July, we remember our Father in Faith, St. Thomas. May our faith lead us to love, love to the intimate union with God, and to the depths of fraternal love. With this prayerful wish, I extend you all joyful greetings of Dukrana. On 11th July, as we remember our founding father Bp. Charles Lavigne, let us renew our commitment consciously to live FCC Charism in a deep and meaningful way.

15th June marks the feast day of St. Germaine. Though materially poor, this little saint expressed deep love for the less fortunate in many beautiful ways. Her profound love for God gave her the strength to endure suffering without complaint. Her life stands as a shining example and a source of inspiration for us all. Happy Patron’s Day wishes to each and every sister in Germaine group!

Synaxis has been held in all the Provinces. The Action Plan to fulfill the dream of FCC, both as personally and as a community has been beautifully designed. Now let’s put it into action with great enthusiasm. We must be able to implement the action plans at the provincial, community and individual levels without losing even a little bit of the spirit of *FCC Dream, Designs* and *Commitments* that formed in the General Synaxis. To sustain this spirit, I invite you to meditate upon *FCC Dream* once a while. May I remind you to pay attention to the study of the *Designs* and *Commitments* of each area.

New communities have been formed in our houses. I understand that it is becoming difficult to integrate community and apostolic activities together due to the decreasing number of sisters in our convents. I wish and pray that each one of you may be able to hold on to Jesus, to walk with Him, and to work for the well-being of our communities, as well as the souls entrusted to each of us. Formal Schools and Sunday schools are reopened. I pray for the showering of God's blessings upon all our sister teachers and students as they step into the new academic year.

Loving Tribute to Holy Father Pope Francis

With great love and admiration, I remember Pope Francis, who was called back to the Heavenly Abode after leading the Holy Catholic Church for a Jupiter cycle being seated on the Throne of Saint Peter. Pope Francis has been able to make a place in the hearts of humanity, for those on the “periphery of society”. This is what made him worthy to be in the hearts of everyone, regardless of caste, creed or religion. We know that the phrase “Those who are in the Margins/Peripheries” resonates strongly in the Church and in the human conscience today because of Pope Francis, who loved Saint Francis of Assisi very much, and tried to reintroduce this saint in this era. The Pope has described our elder sister, Blessed Rani Maria, as the ‘Smiling Sister’ and has elevated her to the Altar as a Blessed!

Sr. Jyothis and myself were fortunate enough to arrive in Rome the very next day of the heavenly journey of Pope (22nd April, 2025). I consider it a great blessing to have been able to visit and pray for the Pope at Santa Marta, his residence, on that very evening itself. The next day (23rd April, 2025), I had to leave for Spain, and therefore could not attend the funeral services. Let us thank God for all the blessings that our Holy Catholic Church, the entire world, our Syro-Malabar Church and the FCC family received through the instrumentality of His Holiness Pope Francis. Praying for the repose of the soul of Pope Francis, let me pay loving tribute before the blissful memories of our beloved Pope.

His Holiness Pope Leo XIV

Let us thank the good Lord who chose and appointed Pope Leo XIV to lead the Universal Church as the 267th successor of St. Peter. Pope Leo XIV is the precious gift that God had kept in His heart to lead the Church safely to the heavenly harbor! Let us pray that the Holy Father's hands be strengthened to lead the Church with constant vigilance, in accordance with the very Will of the Heavenly Father. I thank God that we, Sr. Jyothis and I were also able to receive the blessing from the Holy Father Leo XIV too. Let us pray that Jesus, the

abundant treasury of grace, may enrich His representative with innumerable blessings.

After the visits in Italy and Spain, and the meetings in Rome and Assisi, I returned safely on 22nd May, 2025. I sincerely thank each of you for your valuable prayers. Sr. Jyothis could visit 8 houses in Italy. She is scheduled to conduct official visitations at 10 more houses in Germany, after which she will return on 28th June, 2025. Let us continue to keep her in our prayers.

Formation

Final Profession

Our 93 Junior sisters offered themselves completely to our Lord Jesus through the Final Profession on 26th May, 2025. Though there was continuous rain, we thank the good Lord who turned the incessant rain into a shower of blessings and made everything more beautiful and blissful. Let us continue to pray for them. Dear animators, Sr. Rinet (DMPR), Sr. Ligi Maria (BHM), Sr. Jyothi Maria (MTDY), Sr. Salini (BPL), Sr. Lissy Joseph (TMY), Sr. Pradeepa Jose (EKM), and Sr. Reena Anto (PKD) FCC family greatly appreciates the selfless services and sacrifices you have undertaken to lead our sisters to the altar of their Final Commitment through the 40 – day retreat and classes. May our loving Lord richly reward you and bless you abundantly.

Pre - Postulancy, Phase II

Hearty Congratulations from the FCC family to the 82 formees who have entered into Pre - Postulancy, Phase II (Kerala -21; North India - 41, Kenya - 8; Uganda - 3; Tanzania - 8; Malawi - 1). May the One who called you bless you to move forward joyfully, cooperating with the inner call given to you by God.

Golden Jubilee

The Golden Jubilee Course and Celebrations at the General level in 2025 will commence at 6.00 p.m. on 22nd November, 2025 and conclude by 02.00 p.m. on 26th November, 2025.

Reception of Newly Professed Sisters

The reception and thanksgiving Holy Mass with our newly professed sisters of 2025 will be held at Portiuncula at 09.00 a.m. on 29th November, 2025. All our

new FCC buds can return to their respective communities on 01st December, following the pilgrimage scheduled for 30th November, 2025.

Meetings

Formators of Pre-Postulants, Postulants, and Novices, and Junior coordinators are to attend the meeting that will be held from 02nd December 2025, 5.00 p.m. to 4.00 p.m. on 05th December, 2025. This will be followed by a joint meeting of General Council, Provincial Superiors and all the Formators from 6.00 p.m. on 05th December, 2025 to 12.00 noon on 06th December, 2025. The General Plenary Council meeting will take place from 2.00 p.m. on 06th December, 2025 to 2.00 p.m. on 07th December, 2025.

As per the decision of the IX General Plenary Synaxis, a joint meeting of all the Formators, General Council and Major Superiors of FCC in India and abroad will be held in the last week of May 2026. This is informed earlier in order to do the necessary arrangements for their holidays and travel.

Thanks

Special thanks to Alverniya Province, Irinjalakuda and to the beloved Local Superior and sisters of Anthonianum Convent, Konnakuzhi, for graciously hosting the Silver Jubilee celebrations of our sisters from Kerala provinces in 2025.

Family Ministry

Our new Pope Leo XIV also exhorts that the urgent need in this era of evangelization is to evangelize the families. The Pope reminds the priests and religious to be the 'Fishers of Families' and to have close friendship with families to save them from the wrong styles propagated by modern media. In this Family Year, as mentioned in the meeting of the Provincial Councils, "The Joy of Love" (Amoris Laetitia), the apostolic exhortation by Pope Francis which describes about the love in the families, can be made our special topic for study and reflection. The exam will be held at the General Level on 30th November 2025. The evaluation will be done on group basis. It is reminded that the sisters should be prepared for this at the provincial level.

During this Family Year, each house should submit a report on the 'Family Ministry' to the Provincial Council before 30th December, 2025. These reports

are to be summarized in the Province and it is to be submitted to the General Council by 15th January, 2026.

Alphonsa Garden Meet (Kerala Provinces)

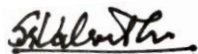
A meeting of the representatives of Alphonsa Garden is scheduled to be held at Sacred Heart College Auditorium, Chalakudy from 6.00 p.m. on 31st August, 2025 to 02.00 p.m. on 03rd September, 2025. Kindly ensure that representatives are sent to participate in the programme. Further details will be communicated to you through the Animators of Alphonsa Garden.

On the Shores to Eternity

Sr. Lissy Joseph (EKM, 19.04.2025), Sr. Jameslit (BHM, 20.04.2025), Sr. Flory (TSR, 20.04.2025), Sr. Emerencia (MTDY, 01.05.2025), Sr. Nirmala (HZB, 04.05.2025), Sr. Maria Goreti (KPLY, 08.05.2025), Sr. Tresa Joseph (IMPL, 12.05.2025), Sr. Leopold (KPLY, 19.05.2025), Sr. Mary Salomy (MTDY, 20.05.2025), Sr. Ansbert (TSR, 22.05.2025), Sr. Clarelet Mary (KPLY, 25.05.2025), Sr. Rose Franci (BHM, 07.06.2025)

Your humble servant in Jesus Christ,

With Love and Prayers,
Yours in our Lord Jesus,



Sr.Litty
Superior General



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