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“He who did not spare his only Son but gave him up for us all, how will he not also with him freely give us all things?” (Rom. 8:32).

Beloved Provincial Superiors, Regional Superiors, Local Superiors, Dear Mothers, Sisters, and my Dear Children in formation,

It is the time when we are making immediate preparations for the birth of our Lord. We make different kinds of preparations. Is our heart prepared enough to receive Him into the throne of our hearts? While preparing the bed, the pillow, and all the toys for the child Jesus, let us not forget to prepare our own heart for him to be born. Let us prepare ourselves to receive Him by forgiving unconditionally, accepting apologies, and by freeing our hearts from all negative thoughts and feelings. God the Father gave His only begotten Son, who was close to His heart, so that we might give Him first place in our hearts. We have to love with our hearts the one who gave us His heart. Christmas is the great love of the Father who spends himself for the humankind without any calculation. We should be able to know and experience this truth every day. It is not easy for us, to conceive this Love as we live in a calculative world where we give and receive calculating the benefits. However, as we grow in the real understanding and experience of this love, let us strive to share the true love in its maximum, the maximum love to my God, and from that experience, the maximum love to the members of my community, to those who are suffering around me, to those in my apostolic field, and to those who come in contact with me. With the prayer that the Christmas of this year may enable all the FCC daughters to grow into a culture of self-giving, let me wish each of you a Merry Christmas!

Jubilee 2025

Augustus Caesar's decree that a census be taken of people across the Roman Empire was a significant historical event. The Son of God, who was born as a little insignificant child into the midst of that historical event, divided history of mankind into two - Before Christ and Anno Domini (Year of the Lord). We are entering into the Jubilee year of that *Holy Birth* which totally changed the directions of the history of the mankind. We know that from 24 December 2024 to 06 January 2026, the Universal Church is celebrating the Jubilee of the Nativity of Jesus our Lord. Jubilee is always an occasion of grace. Let us fully make use of this opportunity to sanctify ourselves, to enter into the special grace, and to receive again the grace upon the grace (Jn.1/16) from His fullness. Reconciliation is the primary theme of all Jubilees, and the primary condition for receiving grace. We have noted the word '*maximum*' in the previous paragraph. All FCC daughters should be able to enter into this maximum grace through our unconditional forgiveness.



I hope that everyone has already noticed the *Logo and Motto* of the Jubilee Year. This Logo is a picture of four people who are striving to embrace the *Cross* which is placed in their midst. We feel that the people are ardently yearning to hold the Cross close to their hearts. We know that the Cross is the image of Jesus our Savior. The four colors refer to those who came from the four directions. This logo represents the Church, which, focusing on the cross, celebrates '*brotherhood*' and moves towards heaven as '*pilgrims of hope*'. The anchor indicates the deep bond with Jesus. The Church, which makes a pilgrimage with one heart and with great hope anchoring on Him! This is what the Logo and the Motto of the Jubilee year indicate.

Our FCC Mother wants our communities to be like this. Every religious community is a small unit of the Church. When sisters from different places, having different cultures, talents, abilities, and characters, journey together towards heaven anchored in Jesus we celebrate the Jubilee in truth and in genuine manner with one heart and hope. With the prayer that every FCC daughter may be able to celebrate this Jubilee with perfect hope and unity, and thus to receive the grace upon grace, I wish everyone all the joys and blessings of the New Year - the Jubilee Year!!

FCC Emmaus Diary

Our work on the '*Emmaus Diary*' is nearly completed and it will reach to your communities soon. All the communities are encouraged to declare an '*Emmaus Week*' before the General Synaxis to make meditative reflection on our findings (Seeds, Weeds, and Call of the Spirit) both individually and as a community and take necessary decisions to renew and deepen our way of life. I entrust this responsibility to each Provincial Council. The method of studying the diary is outlined within the '*Emmaus Diary*' itself. Members of the General Synaxis are reminded to bring Emmaus Diary, Our Constitutions and Way of Life.

Formation

On 14 December, the foundation day of FCC, the following formees entered into Postulancy and Novitiate respectively.

FIRST YEAR NOVICES (2024 – 2025)

KERALA PROVINCES				
Sl.No.	Novitiate Houses & Provinces	Provinces & Number of Novices	Total	Formator
1	Clara Sadan Kozhippilly (KLM)	CHY - 3, EKM – 3 PALA - 2, KPLY – 1 IJK-3, PKD- 1, BHM- 1	14	Sr. Ans Maria (CHY)
	TOTAL		14	

MISSION PROVINCES				
Sl.No	Novitiate Houses & Provinces	Provinces & Number of Novices	Total	Formators
1	St. Francis Novitiate, Koderma (HZB)	HZB – 7, ODI- 2	9	Sr. Jancy (HZB)
2	Alphonsa Niketan ,Wardha (BPL)	BPL – 2, NDA -2 VJDA – 2, JLDR –1 ELRU -3	10	(Sr. Subha BPL)
3	St. Clare's F.C Convent, Umsawriang,Meghalaya (PALA)	Meghalaya – 8, IMPL-2	10	Sr. Nirmal Rose(PALA)
4	San Damiano Novitiate House, Donyo Sabuk (IJK)	IJK -7, TSR -1	8	Sr. Regi Maria (IJK)
5	San Damiano Formation	DLH -2, NDA -2	4	Sr.Jyothis

	House, BhawaniTanzania (NDA)			(NDA)
	TOTAL		41	

POSTULANTS (2024 – 2025)

KERALA PROVINCES

Sl.No.	Postulancy Houses & Provinces	Provinces of the Postulants	Total	Formators
1	St.Antony's FC Convent, Kollad (CHY)	CHY – 2, KLM - 1 BHM - 5,TKLY - 2	10	Sr. Joyce Maria (CHY)
2	Blessed Sacrament FC Convent, Marathakara (TSR)	TSR - 6	6	Sr. Regin Therese (TSR)
	TOTAL		16	

MISSION PROVINCES

Sl.No.	Postulancy Houses & Provinces	Provinces of the Postulants	Total	Formators
1	Assisi Bhavan, Baraut (DLH)	NDA - 2 , DLH - 3 JLDR – 2, RJN - 3	10	Sr. Rashmi (DLH)
2	Poornodaya Convent, Bellampally (VJDA)	VJDA –1, ELRU - 6 ODI - 3	10	Sr. Pavana (VJDA)
3	San Damiano Novitiate, Medziphema (DMPR)	DMPR - 7 Meghalaya - 6	13	Sr. Anslit (DMPR)
4	Alphonsa Home, Naharlagun (IMPL)	IMPL - 7	7	Sr. Genevieve (IMPL)
5	St.Alphonsa Formation House, Ruai, KENYA (TSR)	EKM – 7, TSR – 3 (KENYA)	10	Sr. Alphin (TSR)
6	FC Convent Kikwawila TANZANIA (IDK)	IDK – 3, NDA - 1 DLH – 2, PKD - 1 (TANZANIA)	7	Sr. Emilin (IDK)
7	Laverna FC Convent, Donyo Sabuk, KENYA	IJK - 6	6	Sr. Ligi Grace (IJK)
	TOTAL		63	

Beloved children, let me extend all the prayerful greetings and congratulations of the FCC family to you and we entrust each one of you into His hands. Dear sisters, in the days ahead, let us continue to remember every one of them in our prayers together with their formators.

Pre – Postulants Phase - 1

A retreat is arranged for the Pre-postulants Phase - 1 in Kerala at Alphonsa Bhavan Muttuchira from 4.00 pm on 24 January 2025 to 8.00 am on 29 January 2025. Mistresses are requested to prepare and bring them for the retreat.

Final Profession

The Final Profession of our junior sisters will be at Portiuncula on 26 May 2025, along with the Eucharistic Celebration at 09.30 am. The main celebrant will be Bishop Mar Sebastian Vaniyapurakkal, Syro Malabar Curia Bishop. I cordially invite all Provincial and Regional Superiors to join the celebration, along with the priests and sisters who are siblings of our junior sisters making their Final Profession. When sisters come for the three-month course in preparation for the Final Profession which begins at 5.00 pm on 01 March 2025, they are reminded to give the names of their religious siblings to the Generalate.

The Mission Provinces are to send the answer sheets of the examinations in preparation for the Final Profession to Shanti Dham, Indore and Kerala Provinces to the Generalate before 10 January 2025.

Convocation

Convocation Ceremony of the Juniorate at Santhi Dham, Indore will be held on 23 February 2025, and on 24 February at Portiuncula, Aluva. Convocation of the Sakalya Course will be held on 27 February, 2025 at Alphonsa Bhavan, Bangalore. Dear sisters, I wish and pray that the spiritual growth that you have achieved during this one year of prayer, study and meditation may remain with you forever.

Second Year Novices

The three-month course for second year novices of the Indian Mission Provinces will begin on 01 March 2025 and end on 30 May 2025 at Santhi Dham, Indore. In Kerala, it will be held from 3.00 pm on 01 July 2025 to 30 September 2025 at St. Peter's Novitiate House, Ramapuram of Alphonsa Jyothi Province, Bharananganam.

Vocation Promotion

Here we recall the words Pope Francis, that a society which progresses in the Gospel life alone can exist, God is the one who sends workers to his vineyard in every hour, and in every season of life. But the preparation is needed to have intuitive knowledge so as to discern the vocation. I remind all of you the decision that is taken during the online meeting of the General and Provincial Vocation Promotion Team in Kerala held on 02 December 2024, to conduct a convention/retreat for the youth and the children at the province or zonal levels. Besides, the Provincial Vocation Promoters are to make necessary arrangements to implement the decision to start 'Emmaus Eve' (a few hours with young people once a month) in collaboration with our communities wherever it is possible.

Animation

Let us thank our good Lord for the whole-hearted cooperation of FCC daughters who welcomed 33 Days retreat with great joy and enthusiasm. Let us continue to pray for the participants as well as for the animators of the retreat, so that all may be strengthened by Holy Spirit. Due to the

General Plenary Synaxis, the retreat scheduled to begin at Maria Matha Provincial House, Hazaribag on 11 February 2025 is rescheduled. It will begin from 4.00 pm on 19 February 2025, to 8.00 am on 23 March 2025, and the retreat at Thiroor Zion Renewal Center will be from 4.00 pm on 13 February 2025, to 8.00 am on 17 March 2025.

Please note that due to the shortage of the Animators, the retreat scheduled to be held at the Provincial House, Bhopal from 11 March 2025 is cancelled. The retreat scheduled to begin at Anthonianum Convent, Konnakuzhi from 26 April 2025 is rescheduled for the Silver Jubilarians, and it commences at 4.00 pm on 07 April 2025 and ends at 4.00 pm on 12 May 2025. Other retreats will be held as mentioned in the circular sent on 26 July 2024. For the smooth arrangement, the names of the participants are to be informed to the Generalate through the Animation Department Councillor. Email address: animatorfcc@ gmail.com or animator Whatsapp Group. The names are not to be sent either personally or directly to the retreat center.

A Franciscan Contemplative Retreat will be held for all the animators from 5.30 pm, 02 February 2025 to 8.00 am, 09 February at Pax Centre, adjacent to the Capuchin Provincialate, Aluva. Hope you will make use of this chance.

On the Shore of Eternity:

Let us remember our sisters whom God has called to the Heavenly Abode; Sr. Lisba (TSR, 05.12.2024), Sr. Anchilla (PKD, 06.12.2024), Sr. Lioba (BHM, 06.12.2024), Sr. Persy (TSR, 11.12.2024), Sr. Annie Clare (VJDA, 16.12.2024).

Once again wishing you all a Merry Christmas & a Prosperous New Year!



With Love and Prayers
Yours in our Lord Jesus

Sr. Litty

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Superior General

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(Kindly make this letter available in all our Houses
For Private Circulation only)