



Prot No: 75/2026
LMG: 02/2026

Date: 30.03.2026



“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid” (John 14:27).

Dear Loving Provincial Superiors, Regional Superiors, Local Superiors, Dear Mothers, Sisters, and Loving Children in formation,

I wish everyone with love the peace of the Risen Jesus. We are surrounded by a situation where peace seems distant, and an experience of anxiety, unrest, and fear both within and outside. The condition of the disciples who were terrified and hiding inside in fear, trying to avoid being seen by those who mercilessly killed their beloved Master, is very similar to the situation of today's world especially our brethren in West Asia. Even as we hope for an end to war, everyday news reveals that it continues with greater intensity. Let us take to heart our Lord's word: *“Pray always without losing heart” (Lk.18:1)*. Let us continue to pray sincerely and wholeheartedly. It would be appropriate for each Province to arrange chain adoration during the day, including the Rosary and the Chaplet of Divine Mercy, according to the convenience of the houses. Let us constantly pray to the Risen Lord for peace, who alone can give true peace, not as the world gives.

Although only a few countries are directly involved in this war, its impact is being felt across the whole world, pushing it toward economic imbalance. The

rising cost of essential goods affects common people mostly the poor. The increase in prices, along with the shortage of petroleum products, is influencing our daily life, including cooking and travel. In this situation, it is necessary for us to accept personally certain inconveniences in matters such as food, travel, and the use of goods. ***FCC with the Marginalized*** is our key theme in this jubilee year of our Father St Francis of Assisi. This era invites us to take a decisive turn from the world of abundance and our likes and dislikes. During this jubilee year, our Father St Francis invites us to live his spirit of poverty more authentically and sincerely. Besides, our Father asks us to be the icons of peace of our Risen Lord in all our premises where the feelings of unrest and insecurity prevails.

Dear sisters, no one can give peace unless our hearts are filled with peace. It is essential to seek freedom from all that disturb our minds. Often, our peace is destroyed by the times when we are unable to surrender our ego to grace. In this Passion Week, we all are passing through the sufferings of Jesus. We should meditate well on the Master who stood silent without defending himself before the Sanhedrin and Pilate. The silence of Jesus amazes Pilate. I need to realize how this silence of my Master affects me. It is true that the problems upset me and my community, can be easily solved if my ego is surrendered to the Lord. The surrendering of the ego is essential to the union of the hearts and to become the icons of peace.

I recognize the truth that the graces and blessings of obedience are being lost to some extent in our personal and community lives. Through the vow of obedience we have surrendered our entire personality to the Almighty, without any external force or compulsion. We must be very careful to keep up the promise we made to Almighty God to obey sincerely the Constitutions, the Way of Life, the decisions of the Synaxes, and the instructions from the superiors. And we must try not to lose the grace of obeying these guidelines for a true evangelical life. It is also dangerous to view the vow of obedience

with a superficial attitude, or according to our own interests. Let me remind you that our fasting, abstinence, and other acts of penance are to be fruitful, only through the unwavering observance of the vows, which are the foundations of our consecrated life. Let each of us strive sincerely, in order to make our contemplative and sacramental life more effective, and thereby to make our vowed life and fraternal life spotless. In the days ahead, let us meditate upon Jesus, who obeyed unto death - even unto death on the cross (Phil 2:1-11, Heb 5:7-10, Phil 3:3-9).

In the month of May, which is specially dedicated to our Holy Mother, may her maternal love rain down upon our hearts as a soothing breeze. At this period, when the world is reeling under the shadow of war, let us earnestly implore the intercession of the Queen of Peace, our beloved Mother. Blessed Mother is the shining light of mercy who guides us untiringly in the fiery paths of crises. Let us make this month of devotion spirit filled, by offering flowers of humility and reliance on God at the feet of our loving Mother.

On 1 May, we celebrate devotedly the feast of St. Joseph, the Patron Saint of workers, who showed the world the glory of labor. I wish our dear sisters of St. Joseph Group, a very happy feast and extend them all my sincere prayers. I pray that the intercession of St. Joseph, our guardian may be with us and strengthen us in our daily toils and tribulations.

On behalf of the entire FCC, I extend prayerful wishes to our loving Sr Julie, General Councillor, who is celebrating her feast on 23 May. Let us thank God for all the blessings that our FCC family receives through her dynamic instrumentality.

Election

In India, the assembly elections are approaching in Kerala, Assam, Bengal, Tamil Nadu and Puducherry. Let us pray that capable individuals who can

fulfill God's will, and lead the States for the good of the people to be elected. Sisters in these States are requested to pray by reciting Sir.10:4 during the nine days preceding the elections.

Common Juniorate Course

The common Juniorate course at Portiuncula will begin on 2 June 2026 at Portiuncula and 15 June 2026 at Shanti Dham, Indore. Junior sisters are expected to reach at Portiuncula before 4.00 p.m. and at Shanti Dham, Indore before 13 June 2026.

Formators Meet

The Junior Coordinators also must participate in the formators meet which will commence from 22 May 2026 at Portiuncula. Those sisters who are taking Franciscan Spirituality class in the formation also are expected to participate in the Tripple Way Retreat which will be conducted for the formators at Portiuncula from 29 May 2026, 9.00 a.m. to 2 June 2026, 4.00 p.m. Those who are participating in these programs kindly send your details before 10 April 2026.

Essay Competition

Heartfelt thanks to you all who participated in the essay competition conducted by Generalate, in connection with the 800th anniversary of the Canticle of the Sun written by St. Francis of Assisi. The interest and sincerity you have shown in capturing the beauty of Franciscan spirituality through your meditative lines is commendable. The names of those who won first, second and third places in each group are attached below. Prizes will be given to them on the day of the Final Profession. Hence, all the winners are specially invited to the programs of that day.

Essay Competition – The Canticle of Creatures

Group	Prize	Name	Province
Mission Provinces			
Juniors (M)	Ist	Sr. Tincy	RJN
	IIInd	Sr. Rosalia	NDA
	IIIrd	Sr. Gracy Maria	RJKT
St. Joseph (M)	Ist	Sr. Naveena Jeess	DLH
	IIInd	Sr. Spandana	VJDA
	IIIrd	Sr. Anjaly	ODA
Sr. Germain (M)	Ist	Sr. Tejus	DLH
	IIInd	Sr. Jeena Joseph	BLY
	IIIrd	Sr. Viji Grace	RJN
St. Faustina (M)	Ist	Sr. Tessin	DMPR
	IIInd	Sr. Teslin	RJKT
	IIIrd	Sr. Sabina	IMPL
St. Padre Pio (M)	Ist	Sr. Rosalind	DLH
	IIInd	Sr. Chantal Maria	DMPR
	IIIrd	Sr. Linsa	RJKT
Kerala Provinces			
Juniors (K)	Ist	Sr. Sini Mathew	KLM
	IIrd	Sr. Sibina Jose	MTDY
	IIIrd	Sr. Aparana	TMY
St. Joseph (K)	Ist	Sr. Seena Xavier	TLY
	IIInd	Sr. Reshma	EKM
	IIIrd	Sr. Athira Dominic	MTDY
St. Germain (K)	Ist	Sr. Helen	TLY
	IIInd	Sr. Neema Rose	PKD
	IIIrd	Sr. Vandana Therese	TSR
St. Faustina (K)	Ist	Sr. Sherin Ayalloor	PALA
	IIrd	Sr. Julit	TLY
	IIIrd	Sr. Selgy	IJK
St. Padre Pio (K)	Ist	Sr. Anceena	BHM
	IIInd	Sr. Mercitta	IJK
	IIIrd	Sr. Lilly Kattoor	PALA
Candidates			
Kerala (Malayalam)	Ist	Viva Chiramel	TSR
	IIInd	Saniya Maria	TSR
	IIIrd	Riya Roy	PALA
Mission (English)	Ist	Bharti Chouken	BPL
	IIInd	Manima	VJDA
	IIIrd	Caitlin Brooks	TKLY

On the Shore to Eternity

Let us pray for the departed souls of Sr. Catherine (KPLY, 15.02.2026), Sr. Firmina (TSR, 16.02.2026), Sr. Thomson (TSR, 18.02.2026), Sr. Oliva (TSR, 23.02.2026), Sr. Gee (KLM, 24.02.2026), Sr. Regis (KLM, 24.02.2026), Sr. Francis Sales (BHM, 02.03.2026), Sr. Pius Maria (KLM, 03.03.2026), Sr. Pius Mary (BHM, 17.03.2026), Sr. Cruz Mary (JLDR, 20.03.2026), Sr. Apronia (IJK, 21.03.2026), Sr. Prascilla (KLM, 24.03.2026).

Your humble servant in Jesus Christ,



Sr. Litty FCC
Superior General

Superior General
Franciscan Clarist Congregation
Portiuncula, Asokapuram
Aluva - 683 101, Kerala, India



(Kindly make this letter available in all our houses)
(For private circulation only)