



Prot. No.10 /2024
LMG No.01/2024

Date: 08.01.2024

“So for anyone who is in Christ, there is a new creation: The old order is gone and the new being is there to see (2 Cori 5:17)

Dear loving Provincial Superiors, Regional Superiors, Local Superiors, Loving Mothers, Sisters & Beloved Children in formation,

Hope all are keeping fine. We have entered into the New Year with fresh hopes and new resolutions. Each New Year brings a grateful look back and a hopeful leap forward. The Lord has gifted us a New Year that looking at the Lord, to get up from our falls and lapses to regain our lost holy dreams, to rekindle our dreams which has lost its zeal and is covered with ashes. Let us welcome this New Year 2024 prayerfully by stripping off our old behaviour with our old self and putting on a new self which will progress towards true knowledge renewed on the image of the Creator (cf. Col. 3:9). Just as a tree planted on the banks of the river that bears fruit in the rain and in the heat of the sun, placing our hearts on the Divine Eucharist totally and rooted in the Word of God deeply, let us be able to support our brethren with concern, produce fruits of goodness and to spread the fragrance of love in this New Year 2024. I wish and pray that may the Year 2024 be the year of God's grace and blessings.

The Season of Epiphany that commemorates the Baptism of Jesus at the river Jordan and manifestation of the Holy Trinity exhorts us to die to sin and to be transformed into a new creation in Christ. Only those who have undergone this transformation can become a light and radiate Jesus, the Light of the world and spread Him and His light in their communities, apostolate and parishes. Together with the Psalmist let us pray “Restore us, O God; let your face shine, that we may be saved” (Ps 80:3). Warm Greetings of the Feast of Epiphany!

Hope you have inaugurated the year of Prayer and Vocation and have prepared the master-plan for its observance. A soul inflaming with the love of Christ cannot remain still. As Pope Francis reminds us that the evangelization takes place by attraction not by pressure, (cf. Evangelii Gaudium 14). In the same way, Vocation Promotion should be nurtured not by pressure, *but by the sharing of our joy pointing to a new horizon of beauty and drawing hearts to God's love*. Only spiritual persons can attract people to God. In the religious life, who has given the promises “I shall make you fishers of people” (Mt 4.19) and “shall give Holy Spirit as helper” (Jn 14:16), He Himself will teach us the art of winning people to God. For it, let us pray constantly, “My Jesus draw me to you” and acquire our union with God. Those who meet us will be able to see God in accordance with the depth of our union with God.

Day of the Consecrated

2 February 2024, the Day of Consecrated, let us pray that we may become the consecrated who fulfil the mission with love. Let us deepen our union with Father, the Son and the Holy Spirit, through our meditative reading of the Word of God, persistent daily meditation, reflective Liturgical prayers and above all zealous Eucharistic celebration. Thus let us work hard to become spiritual persons. By helping each person in the Church to realize God's plan for him, and to live holy in every situations of life, we become God's co-worker, aroma of Christ (2 Cori 2:15), a teacher of faith and a guide for the blind (Rom 2:19-20) and serve as a perfect apostle (1Cor 9:2)

Relieving and Election of the Major Archbishop of Syro-Malabar Church

As we all know, the Father and Head of Syro Malabar Church, His Beatitude Cardinal George Alencherry, who led the Church gracefully for the past twelve years and did his pastoral obligation to its fullness, relieved from his ministry on 7 December 2023. Amidst his busy and dutiful schedule he was very close to the FCC family with his constant support, guidance and paternal concern. Very specially, we remember with gratitude the great support of His Beatitude to our congregation during the time of crisis and necessities. I would like to share my experience on a recent occasion: on 22 May 2023, the Cardinal presided over the function of perpetual profession at Portiuncula and seeing the sisters here from Kenya, he invited them to Mount St. Thomas, gave them a warm reception there. He took photos with the sisters and told them to send it to their families. His involvement was very simple and heart touching with paternal love. Thank God for the very gifted soul of Cardinal Mar George Alencherry and for all the graces we have received through him. Let us continue to pray for him so that his retirement period may be very gracious.

Hope you are conducting one hour adoration every day in all our houses with the intention of the success of the Synod of Syro Malabar Church and for the election of the new Major Archbishop. During these days of Synod let us keep this intention especially in the Holy Qurbana and all other prayers.

Birthday

Sixth January was the birthday of Bishop Charles Lavigne and let us remember all the graces God has showered upon us through him. Let us seek his intercession that the FCC Founding Charism may reach the ends of the earth and be lived by each one of us in its fullness without flaw.

Twenty ninth January is the birthday of Bl. Rani Maria. Let the life 'in union with God' of Rani Maria, who saw the face of Christ in the marginalized and oppressed and became their voice inflame our hearts and empower our hands.

Provincial Election Synaxis 2024

The provincial election synaxes in the provinces will be held from 15 to 30 November 2024. The study list for electing the members for the Provincial Synaxes should reach in all houses before 31 March 2024.

Evaluation Committee

As per the decision of the General Plenary Council conducted from 13 to 15 January 2023, following sisters from different provinces are selected to evaluate the present situation of the Congregation. The orientation course for them will be conducted from 18 February 2024, 10.00 am to 20 February 2024, 4.00 pm at the Generalate. The list of the sisters is given below. Hope all will attend the programme.

Evaluation Committee

Spiritual Life	Community Life	Formation
Sr. Lisbin Puthenpura (PALA) Sr. Navya Rose (MTDY) Sr. Sayujya (BPL) Sr. Renit (KLM) Sr. Merin (TKLY)	Sr. Elsa Grace (BRELY) Sr. Anni Kalapurackalparamb (IMPL) Sr. Lucia George (TLY) Sr. Subha (IDK) Sr. Jeslin (RAJ) Sr. Terciline (CHY)	Sr. Stella Jeas (NDA) Sr. Bince Maria (IDK) Sr. Anslit (DMPR) Sr. Shallet (JLDR) Sr. Nirmala (TMY)
FCC Healing Ministry	Prayer and Evangelization Ministry	Social Emancipation
Sr. Betsy Adapoor (VJDA) Sr. Jency Therese (EKM) Sr. Sherly Jose Vadakkal (PALA) Sr. Merly (IJK) Sr. Vineetha (HAZ) Sr. Rechita (BPL)	Sr. Regin Mary (CHY) Sr. Lissa (VJDA) Sr. Aleena (TSR) Sr. Mercin (BHM) Sr. Sofiya (BPL)	Sr. Phonsy Maria (TSR) Sr. Shefy Davis (EKM) Sr. Shallet (KPLY) Sr. Deepthi (PKD) Sr. Pushpa (HAZ)
FCC Education Ministry	FCC Family Ministry	Experts
Sr. Jessy Jose (DLH) Sr. Therese Poorathur (NDA) Sr. Ligia (KLM) Sr. Jisa Therese (EKM) Sr. Princy Jeas (IJK) Sr. Naveena (TSR)	Sr. Rani (KLM) Sr. Ruby (IJK) Sr. Soumya (RJKT) Sr. Jilsy (BHM) Sr. Jossy Maria Tholanickal (PALA)	Mother Ceelia (EKM) Mother Sinclair (MTDY) Mother Ann Joseph (NDA) Sr. Geo Maria (CHY)

Formation

The Perpetual Profession of our sisters will be held at the Generalate on 23 May 2024. We cordially invite all the Provincial Superiors and the brothers and sisters of those making perpetual profession who are priests, deacons or religious. Hope you will inform the number of special invitees at the Generalate before 30 April 2024.

The list of the number of the formees, formation houses and the formators of those who entered into Novitiate and Postulancy on 14 December 2023 is given below. Let us pray earnestly for them that they may respond to the call of our Lord and make fruitful this period of formation by fulfilling His will at each moment and strive to grow in *holiness through lowliness*.

FIRST YEAR NOVICES: 2023-2024

KERALA PROVINCES				
Sl.No	Novitiate Houses & Provinces	Provinces of the Novices	Total	Formators
1.	Alvernia FC Convent, Venginissery (TSR)	TSR - 5, PKD - 1	6	Sr. Rani Therese (TSR)
2.	Alvernia Novitiate House, (IJK)	IJK – 4, EKM - 2, KPLY - 2, IDK – 2	10	Sr. Renny (IJK)
		Total	16	
MISSION PROVINCES				
1	Rani Maria Sadan, Kartarpur (JLDR)	BPL-1, JLDR – 3, BRLY – 1,	5	Sr. Shallet (JLDR)
2	St. Francis Novitate house , Koderma	HAZ - 6, VJDA – 1, ELRU – 2,	9	Sr. Jancy (HAZ)
3	KristJayanthi Convent, Bariya	NDA - 3, DLH – 2	5	Sr. Leena Clare (NDA)
4	San Damiano Novitiate House, Medziphema (DMPR)	IMPL - 5, DMPR – 1 PALA (Meghalaya) - 3	9	Sr. Deepthi (DMPR)
5	San DamianoFormationHouse, Bwawani, Tanzania (NDA)	DLH (Tanzania) – 5, IDK (Tanzania)) - 3, NDA (Tanzania) -1	9	Sr. Jyotis Aryssery (NDA)
		Total	37	
		Total	53	
POSTULANTS 2023-2024				
KERALA PROVINCES				
	Postulants Houses & Provinces	Provinces of the Postulants	Total	Formators
1	St. Francis Novitiate House, Aluva	IJK – 3, EKM – 3, PKD – 2,	8	Sr. Regy (EKM)
2	San Thom House, Mutholy	Pala-2, KPLY – 1 BHM – 1, CHY-3	7	Sr. Jossy Maria Tholanickal (PALA)
		Total	15	
MISSION PROVINCES				
1	Sr. Alphonsa convent, Maopungdong	Pala (Meghalaya) -13, IMPL- 2,	15	Sr. Genevieve (IMPL)
2	SanjeevanNiwas, Khondhar (HAZ)	HAZ-10, TLY(ODI)-2	12	Sr. Lucy (HAZ)
3	Alphonsa Niketan, Wardha (BPL)	JLDR -1, BPL -3, VJDA-2, NDA -2,	11	Sr. Sunitha (BPL)
4	Alphonsa FC Convent, Iffakkara (Tanzania)	DLH-2, NDA-2	4	Sr. Ancil (IDK)
5	San DamianoNovitate House, Kenya	IJK-7	7	Sr. Merciline (IJK)
6	St. Alphonsa Formation House, Ruai, Kenya	TSR-2, EKM-3,	5	Sr. Vincy Tom (TSR)
		Total	54	
		Total	69	

Observance of the Year of Vocation

Things to be done in the Province level as part of the observance of the Year of Vocation.

1. Each house should observe the Vocation Day suitably.
2. Give awareness about the at most necessity of vocation promotion to all the vocation promoters (offline) and all the sisters (online). (For this, the Vocation Central Committee has prepared a one day class for the Kerala Provinces. Arrangements shall be made from the Generalate if each province informs the convenient date from February to April).
3. It is recommended that each province shall organize minimum three retreats (if possible residential) for children and youth with the purpose of vocation promotion and life renewal.
4. It is good that the vocation promoters of the province gather once in every month for prayer and evaluation.
5. It is good to find possibilities for Counselling and Personality Development/ Retreats in institutions other than ours.
6. Each province has to prepare an action plan for the observance of the Year of Prayer and Vocation and submit it to the Generalate before 28 February 2024.

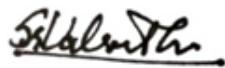
Official Visitation

General Councillor Sr. Jyothis and I are going to Kenya and Tanzania for the canonical visitation on 10 January 2024. We will be back on 15 February 2024. Kindly remember us in your prayers. I entrust the duties and responsibilities during this period to the Assistant Superior General Sr. Rose Anitha.

On the Shores of Eternity

Let us pray for and seek the intercession from all those who departed from us, especially Sr. Francis Giles (MTDY, 06.12.2023), Sr. Ann Mary (EKM, 15.12.2023), Sr. Lissie (EKM, 17.12.2023), Sr. Petrina (TSR, 17.12.2023), Sr. Flora (PALA, 24.12.2023), Sr. Soja (EKM, 25.12.2023), Sr. Job (DLH, 27.12.2023), Sr. Mary Cyriac (KPLY, 02.01.2024) and Sr. Sibi Maria (BHM, 03.01.2024).

Your humble Servant in Jesus Christ,



Sr. Litty FCC
Superior General
Portiuncula, Aluva



(Kindly make this letter available in all our houses)
(Private Circulation Only)