



Prot No:321/2025

Date: 02.09.2025

LMG: 06/2025

“If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you” (1Pet 4: 14).

Hope everybody is well. Last month, much attention and discussion were given to the news of two ASMI sisters who were falsely accused, slandered, and imprisoned for the name of Christ. The superior General of ASMI has sincerely expressed her deep gratitude to everyone who prayed for them. As we know, they have only been released on bail however, the case filed under the charge of human trafficking is still pending in the court. In the meantime, we hear reports of similar incidents. Truly, we are living in a time when we have to give great price for our faith. Adverse circumstances, challenges and obstacles are arising every now and then, especially in India, and the external forces are ready to create crisis at all times. Nevertheless, the present time gives us a awful warning that we must be alert and well prepared to face such crises and to stand firm for faith in the fullness of grace. All areas, namely, places of worship, apostolic fields, formation houses, time of travel, and even the house where we live are subject to attack at any time. Let us be vigilant to live in holiness and grace, so that we may abide in the Divine presence and His communion constantly. We experience that in all places our apostolate remains safe in the atmosphere of prayer. Let us maintain utmost transparency in our personal lives as well as in the administration of institutions. We must be cautious wherever external caution is necessary. But internal sanctity is very important. Let us free our hearts from everything else and keep united with God, and we should be able to embrace *sister death* at any time after the model of St. Francis. Blessed Rani Maria shines before us as a radiant role model.

May the 33 Day Retreat and every other initiatives for spiritual renewal help use every day to grow in holiness.

These days the orientation programmes for the local superiors are being held in various provinces, kindly make sure of receiving maximum fruits out of it. Heart-full of thanks to the General Councillors and the Resource persons who take the leadership of these programmes.

Hope and believe that all are preparing for the feast of the Birth of Mother Mary. We all have heard about the fragrance of our Mother, full of grace, and some of us might have experienced it also. As her children, let us not forget that we too have the duty to radiate the purity of our Mother through our lives. When we prepare the birthday gift for Mother Mary, let us ask for souls and let our birthday gift to Mother Mary be our striving for the salvation of souls. May I wish you all the greetings of the Birth of Mother Mary.

We commemorate the Founding Mothers' Day on 12 September, and I wish the Day be observed appropriately in all our communities. With gratitude, let us remember the Founding Superior Rev. Mother Mariam Clara and other Founding Mothers who were able to accept the charism that the good God had kept for FCC from eternity and responded with their entire lives. Let each one of us evaluate whether I personally radiate the FCC charism, which was passed down from our founding Mothers through generations and is present in each of us today. Let us discover the realms where I can practise this Charism personally.

The Stigmata of our Father St. Francis is celebrated on 17 September. Our Father transformed into the Crucified Lord in soul, mind and body! We are the children of a father who achieved the greatest possible union with God, the union which he received through the 20-21 years since his conversion. If we cooperate with the graces we receive in each moment, we also can reach to the high levels of prayer and let us earnestly thirst for it. Moreover, we commemorate the 800th anniversary of the "Canticle of the Sun." Let us pray

that God may open our eyes to see God's love for us pulsating in the creatures of the universe.

Formation

Greetings and prayers from the F.C.C. family to the 176 candidates who are entering Pre-Postulancy Phase - I on September 17th (Kerala - 29, North India – 134, Kenya - 10, Tanzania - 03). We pray that the good God may bless you abundantly with His grace and make this journey fruitful, as you have responded with joy to the call to follow Jesus.

Mission Provincial Council Empowerment

The training program for the Mission Provincial Council will be held at Devamatha Provincial House Changanassery from 9.00 a.m. 11 May, to 4.00 pm. May 16, 2026. It was previously announced that it would be held at the Laverna Convent, Karukadam. Please note the change and make the necessary arrangements to attend the programme. On 17 May, 2026 there will be a chance to visit the Tomb of Servant of God PuthenparampilThommachan at Edathua and Edakkatt Church in Kottayam where our Founding Mothers received their Religious Habit. There is the Tomb of venerable Mar Mathew Makeel the great guide to our Founding Mothers after the departure of our founder Bishop to Rome. Those who wish to visit these places, kindly inform on or before 1 April 2026.

Silver Jubilee

The 33 day retreat for sisters celebrating Silver Jubilee from Kerala Provinces will be held at Laverna Convent, Karukadam from 5.00 p.m. on 10 April, 2026 to 2.00 p.m. on 14 May, 2026. The Jubilee celebration (Kerala & Mission) will be held on 14 May 2026 at Laverna Convent, Karukadam. The Holy Mass will be celebrated by Mar George Madathikandathil, Bishop of Kothamangalam at 11.00 a.m. Those who come from Mission Provinces are expected to reach before 9.00 a.m. The 33 day retreat for sisters celebrating Silver Jubilee from Mission Provinces will be held at Portiuncula from 6.00 p.m. 14 May, 2026 to 2.00 p.m. 16 June 2026.

Nurses' Guild

A seminar for the Nurse sisters from Kerala Provinces will be held at Portiuncula from 4.00 p.m. on 24 January to 4.00 p.m. on 25 January 2026. Each Province can send 5 sisters to participate in the programme. The names of the participants should be informed at the Generalate before 30th November 2025. The same meeting for the sisters in Mission Provinces will be informed later.

Internal auditing

Internal auditing in the Mission Provinces will be conducted by General Councilor Sr. Mercy along with the Consultant Sr. Leela Jose (HZB) as per the schedule given below:

Month	Date	Province
2025 October	06 – 07	HZB
	16 – 17	ODI
2026 February	03 – 04	VJDA
	05 – 06	ELU
	08 – 09	BPL
	11 – 12	DLH
	13 – 14	NDA
	16 – 17	RJKT
	19 – 20	RAJ
	22 – 23	JLDR
	25 – 26	BRLY

Audit of other provinces will be informed later.

33-Day Retreats

With deep gratitude, I recall the sacrifice and cooperation of our sisters who participate in the 33-day retreats and God's abundant graces showered upon them. We specially thank the General Animators who conduct the retreats with dedication and sacrifice, and we pray that they may be strengthened in health and grace. The details of the Retreats 2026 are given below.

33 Day Retreat 2026 - Kerala

Sl.No:	Date	Place
1	February 05 – March 09	Alphonsa Bhavan, Muttuchira
2	February 09 – March 13	Provincial House, Palakkad
3	February 13 – March 17	Alphonsa Bhavan, Okkal, EKM
4	April 05 – May 07 (School Staff only)	Anthonianum, Konnakuzhy
5	April 10 – May 14 (Silver Jubilee – Kerala)	Laverna Karukadam, KLM
6	April 05 – May 07 (School Staff only)	Alphonsa Bhavan, Muttuchira
7	May 04 – June 05 (School Staff only)	Zion Thiroor, TSR
8	May 14 – June 15 (Silver Jubilee – Mission)	Portiuncula, Aluva
9	May 15 – June 16	Provincial House, Thalassery
10	June 11 – July 13	Alphonsa Bhavan, Muttuchira
11	June 13 – July 15	Laverna, Karukadam
12	June 13 – July 15	Anthonianum, Konnakuzhy
13	July 28 – August 29	Provincial House, Kanjirappilly
14	July 28 – August 29	Provincial House, Idukki
15	July 29 – August 30	Zion, Thiroor
16	September 2 – October 4	Provincial House, BHM
17	September 2 – October 4	Anthonianum, Konnakuzhy
18	September 2 – October 4	Laverna, Karukadam
19	October 12 – November 13	Provincial House, MTDY
20	October 13 – November 14	Zion, Thiroor
21	October 15 – November 16	Alphonsa Bhavan, Okkal, EKM
22	November 17 – December 19	Anthonianum, Konnakuzhy
23	November 18 – December 20	Alphonsa Bhavan, Muttuchira
24	November 18 – December 20	Laverna, Karukadam

33 Day Retreat 2026 – Mission

Sl.No:	Date	Place
1	February 05 – March 09	Provincial House, VJDA
2	February 05 – March 09	Provincial House, BPL
3	May 20 – June 21	Provincial House, Hazaribag
4	May 14 – June 15	Provincial House, Delhi
5	July 01 – August 03	Provincial House, DMPR
6	September 29 – October 30	Provincial House, JLDR
7	October 12 – November 13	Provincial House, BRLY
8	November 18 – December 20	Provincial House, BPL
9	December 18 – January 19	Tuibuang, Imphal

Study Forum Meeting

The F. C. C. Study Forum members' meeting is scheduled for 2 December, 2025 at 5:00 pm to 5 December, 2025 at 2:00 pm at the Generalate. F. C. C.

Study Forum members are those who have specialized in any spiritual or psychological subject. When attending the meeting, formators, study forum members, and juniors' coordinators are reminded to study and evaluate 'Open to the Spirit' and identify any changes that need to be made in the training areas to suit the times. The names of those participating in this meeting should be reported to the Generalate before 31 October 2025.

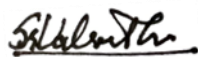
Compassionate Communication Training

For those who are planning to conduct Compassionate Communication Training in Kerala provinces, an online meeting is arranged at 5:00 pm on 9 September, 2025, and a training program will be held in Portiuncula at 10:00 am on 28 September, to 2:00 pm on 29 September, 2025. Those who are organizing this training in the provinces should prepare the classes well and attend these meetings.

On the Shore to Eternity

Let us pray for the departed souls of Sr. Collet (CHY, 22.7.2025), Sr. Ann Maria (DLH, 22.7.2025), Sr. Grace (PKD, 2.8.2025), Sr. Fidelis (EKM, 11.8.2025), Sr. Lybertha (TSR, 14.8.2025), Sr. Grace Vayalipurayidathil (KPLY, 16.08.2025), Sr. Mercy Pulikottil (TSR, 17.08.2025), Sr. Kashmir (BHM, 25.08.2025), Sr. Bertha (CHY, 29.08.2025), Sr. Amancia (EKM, 31.08.2025)

Your humble servant in Jesus Christ,



Sr. Litty FCC
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Peace & Joy*



General Plenary Council Decisions August 15, 2025.

The following decisions were approved at the virtual General Plenary Council Meeting held on August 15, 2025.

1. The Local /Provincial Finance Officer shall maintain the Passbook, Cheque Book, Liquid Transfer Cards and Bank Statement Register of three monthsof our sisters who have personal bank accounts.
- NB: The General PlenarySynaxis decision wasto collect the bank statement in ‘each month’ but it is changed to ‘once in three months’
2. Net banking is not permitted to the sisters who hold personal Bank Accounts. But it is permitted for sisters who are studying and residing away from their provinces, as well as the heads of institutes.
3. Sisters who maintain personal accounts should submit an application to their bank,stating that any amount credited to their accountis transferred to the account of the convent/province on the same day.

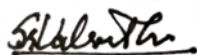
OR

Sisters must submit the duly signed cheque leaves to the Local/ Provincial Finance Officer.

4. While preparing community evaluation guidelines, the format may be designed at the province level, incorporating the decisions of both the General and Provincial Synaxis.

5. We celebrate the 800th anniversary of the *Heavenly Birth* of our Seraphic father St. Francis' on October 4, 2026. The following decisions, taken by the General Plenary Council, will guide us to celebrate this Jubilee year in a fitting manner.
- a. Sisters are given three-day Franciscan Spirituality classes or arrange opportunities for Franciscan Contemplative Retreat.
 - b. Empower the 'Penitents' Group in our provinces.
 - c. Conduct creative programmes to awaken and empower SFO units in our parishes. Try to add more members to SFO to mark this jubilee celebration a spiritual one.
 - d. It is also suggested to produce documentary or short films that reflect the spirituality of St. Francis and St. Clare.

Besides these, each Province can conduct creative programs to imbibe the real spirit of St. Francis.



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