



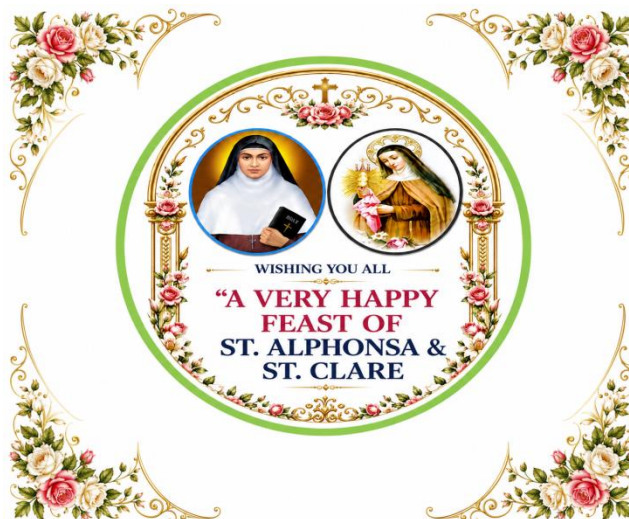
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Peace & Joy

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Humility is the queen of all virtues. I consider all occasions to humble myself as a great blessing.
(St. Alphonsa)

My dear loving sisters and children formation,

Greetings of peace and joy in our Lord Jesus Christ!

With hearts filled with gratitude to God, I write to you after the successful completion of our Provincial Plenary Assembly, during which we evaluated our life and mission in the light of the 'FCC Dream.' We closely examined the fruits of implementing the Plan of Action formulated during the Renewal Synaxis. Following this evaluation, we have prepared a new Plan of Action for the next two years, with a renewed commitment to addressing our shortcomings, strengthening our community life, and making our lives more meaningful in the service of the Lord. Together we have prayerfully reflected on our journey, honestly evaluated our ministries, discerned the signs of the times, and sought God's will for our Province. I sincerely thank each one of you for your wholehearted participation, openness, constructive sharing, and tireless efforts throughout this process.

Our 'Plan of Action' is a roadmap that will guide our personal, community, and apostolic life. It expresses our goodwill to walk in the path of the Lord and our responsibility towards the mission entrusted to us by Christ through our Congregation. I request each one of you to study the Action Plan carefully, embrace it wholeheartedly, and implement it faithfully in the community and in the ministry. Let it become a living reality through our daily decisions, our

relationships, and our apostolic service. Every classroom, parish, hospital, social service centre, formation house, and the families entrusted to us should become a place where Christ is made visible through our joyful witness, compassionate service, humility, and love. Our effectiveness will not be measured merely by activities accomplished but by the fruits of the Spirit manifested in our lives. Therefore, let us accept it with gratitude to God and love for the Congregation and may God grant us the grace to live the spirit of it personally and as communities joyfully, bearing lasting fruits for Christ. The approved Plan of Action, is also being sent with this circular for your study and implementation.

Feast of St. Clare and St. Alphonsa

The months of July and August lead us through a deeper experience of our charism as we are blessed to contemplate the lives of our beloved mother, St. Clare and our beloved sister, St. Alphonsa.

Through prayerful reading, reflection, and the faithful practice of their virtues, we are privileged to be renewed in our vocation and be inspired to follow Christ with greater fidelity and generosity.

St. Alphonsa teaches us that holiness is often found not in extraordinary achievements but in accepting ordinary sufferings with extraordinary love. Throughout her life, she endured illness, misunderstanding, and physical pain, yet she never allowed suffering to diminish her trust in God. Instead, she transformed every trial into an offering of love.

In our own religious life, we too encounter moments of fatigue, disappointments, challenges, hidden sacrifices, and unfulfilled expectations. St. Alphonsa reminds us that these are not obstacles to holiness but opportunities for grace. Every unnoticed act of patience, every silent sacrifice, every forgiving heart becomes a precious offering before God.

Let the life of St. Alphonsa inspire us in, accepting daily inconveniences without complaining, offering personal sufferings for the intentions of the world evangelization, conversion of sinners and those in need and in responding to misunderstandings with silence, forgiveness, and charity. Like St. Alphonsa, let us allow every cross to become a stepping stone toward deeper union with Christ.

One of St. Clare's most profound insights is found in her advice:

"Place your mind before the mirror of eternity; place your soul in the brilliance of glory; place your heart in the figure of the divine substance, and transform your whole being into the image of the Godhead through contemplation."

St. Clare invites us to "place our mind before the mirror of eternity." In a world filled with distractions, worries, and constant demands, our minds can easily become occupied with what is temporary. St. Clare gently reminds us to lift our gaze toward eternity, to see every moment, every responsibility, and every relationship in the light of God's everlasting love.

Again she says, "Place your soul in the brilliance of glory." Our souls were created for the radiance of God's presence. Every day we get an opportunity to allow His grace to purify, heal, and illumine us. Through prayer, the Eucharist, and faithful service, we become bearers of that divine light to everyone we encounter.

She continues to say, "Place your heart in the figure of the divine substance." To place our hearts in Christ is to love as He loves, with humility, compassion, forgiveness, and self-giving generosity. St. Clare knew that true transformation does not begin with external achievements but with an interior surrender to God's love.

Finally, she calls us to "transform your whole being into the image of the Godhead through contemplation." Contemplation is the source of our mission. It is in silent communion with Christ that we are gradually transformed into His likeness. As consecrated persons, our effectiveness in ministry flows not merely from what we do but from who we are becoming in Him.

Both St. Alphonsa and St. Clare remind us that true greatness lies in holiness, not in recognition. St. Alphonsa embraced suffering with joyful surrender, while St. Clare embraced poverty with joyful freedom. Both teach us that love for Christ transforms every sacrifice into grace and every ordinary day into a path of sanctity.

As we celebrate the Feasts of St. Clare and St. Alphonsa, I extend my heartfelt wishes to each of you, my dear Sisters, for a grace-filled and joyful celebration. May these holy saints continue to intercede for us, inspiring us to imitate their humility, simplicity, love, and total surrender to God's will, so that we may become ever more authentic witnesses to the Gospel.

St. Alphonsa, the patroness of our formees in the *Come and See*, Pre-Postulancy Phase I, and Phase II, continues to inspire our young candidates with her life of holiness, simplicity, and love for Jesus.

At present, we have 11 candidates in the *Come and See* stage, 14 pre-postulants in Phase I academic group at Mahuadarn, and 15 pre-postulants in Phase II at Khondhar, from six provinces, three of whom belong to the Maria Mata Province.

As you celebrate the feast of your beloved patroness on 28th July, I extend my heartfelt greetings and prayerful wishes to each of you, my dear little sisters. May St. Alphonsa inspire you to love and possess Jesus with an undivided heart. May her example of humility, sacrifice, and faith strengthen you to prepare yourselves to become the future glory of our Congregation.

With equal affection, I also extend my warmest Feast Day greetings to all our Superiors on the feast of our beloved Mother St. Clare. May our Holy Mother Clare intercede for each of us and help us to be vigilant, compassionate, and faithful custodians of the sisters entrusted to our care. May her spirit of prayer, simplicity, and joyful service continue to guide and strengthen us in our mission.

Silver Jubilee Celebration.

Silver Jubilee is a beautiful reminder of God's enduring faithfulness and the generous response of those who have walked with Him through the years. With grateful hearts, we joyfully celebrate the Silver Jubilee of our dear Sisters, Sr. Mala, Sr. Manju, Sr. Anupama and Sr. Ranjana who complete twenty-five years of faithful commitment to God's call on the 8th of September, 2026. Their journey has been one of generous service, quiet sacrifices, and steadfast faithfulness. We thank the Lord for the gift of their vocation and express our sincere appreciation for the love, dedication, and countless ways they have enriched the life and mission of our province.

With joy, we invite all the sisters to be part of this thanksgiving celebration commencing on the 8th evening at 5.30 pm and concluded by the Holy Eucharistic celebration at 10.30 am on the 9th August, 2026, followed by Fellowship meal. Let us come together in prayer, gratitude, and sisterly communion to honour our Jubilarians and rejoice in God's abundant blessings upon them. I request at least one member from every community to be present for it.

First Profession and Vestition

Five of our second-year novices, Shashi Kiran Lakra, Mareena, AgresaDungdung, Savitry and Ritika Minj are earnestly preparing for their first profession and vestition, which will take place on the 7, November, 2026. As they journey through this sacred time of discernment and preparation, I humbly request you to remember them in your valuable prayers.

Annual retreats

For all those who have not made their annual retreats or attended the 33 days retreat, we have arranged two more retreats.

1. 13th evening to 19th morning of September, 2026 by Fr. Davis CMI
2. 19th evening to 25th morning of October, 2026 by fr. Sebastian OCD

Seminar for the sisters in the ministry of education.

A seminar for the sisters engaged in the ministry of education will be held on 28th and 29th August 2026. All Sisters involved in this ministry are kindly requested to attend the seminar.

Celebration of the 800th Anniversary of St. Francis.

The year marking the **800th anniversary of the death of St. Francis of Assisi** is a moment of profound significance for the Universal Church and, in a special way, for the entire Franciscan Family. This centenary invites us not only to remember the passing of our Seraphic Father in 1226 but also to celebrate the enduring power of his Gospel witness. Thank you for the different initiatives taken by the communities to spread the message of St. Francis. We shall have a gathering for the members of the province on the 19th and 20th of September, 2026. All

the members of the province are warmly encouraged to participate in this celebration. The presence of as many members as possible will be a visible sign of our unity, strengthen our fraternal bonds, and make this event a truly meaningful one for all of us. as we had already decided we shall have the singing competition in honour on st. Francis by the end of August. The communities are requested to compose the song, record and submit it on or before 31st August.

Study of the Way of life

As way of life is a guide to our faithful living of our FCC life, let us earnestly make a thorough study of it and make our lives more effective and meaningful by the faithful observation of our rules and regulations.

As we move forward, let us entrust ourselves to the guidance of the Holy Spirit, the maternal care of the Blessed Virgin Mary, and the intercession of St. Francis, St. Clare, and all our Franciscan saints. May they inspire us to live the Gospel with joy, humility, and unwavering fidelity.

With affectionate greetings and prayerful wishes,

Yours lovingly in Jesus,



Sr. Cincy FCC
Provincial Superior

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