



FRANCISCAN CLARIST CONGREGATION

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Peace & Joy



Prot.No:355 /2025

Date: 30.09.2025

LMG 07/2025

“May I never boast except in the cross of our Lord Jesus Christ, through whom the world has been crucified to me, and I to the world” (Gal 6:14)

Dear Provincial Superiors, Regional Superiors, Local Superiors, dear mothers, sisters, and beloved children in formation,

Hope everyone is keeping fine. I know that all are going through various kinds of busy schedules. Even in the midst of this busy life, kindly take care to find time to sit in the presence of our Loving Lord who is waiting for us with great thirst in the sanctuary of our heart, in the Tabernacle, and in the Word of God. Only then the ministries that we do in hurry will be blessed and fruitful, and our presence may become at least a shadow of His presence to all, to whom we rush to reach.

On 4 October 2025, we are entering into the 800th year of the heavenly birth of our father St. Francis. It is my wish and prayer that this Jubilee Year may give true Franciscan spirit to the life of every FCC daughter. The decisions taken by the General Plenary Council regarding the implementation of certain things as part of this Jubilee Year were given in the previous circular. They are only some instructions given from the General Level. I kindly insist that each province, each community, and each one to find out, and implement programs that will bring about greater spiritual awakening in this Jubilee Year.

I wish and pray that this preparation may become a great step towards the Great Jubilee 2033. St. Francis who made the Gospel the law of his life, followed Jesus in the Gospel in an authentic manner, and hence, every page of his life became a true and clear copy of the Gospel. Today, many of us take great and careful effort to make the copy (manuscript) of the Bible. It is certainly commendable. While congratulating those who make handwritten copies of the Bible, let me ask everyone: How many of the Bible verses do I pay attention, to copy or write it down in our own life? I sincerely appreciate the diligence that our sisters show in studying the Word of God. I have been very proud to see FCC daughters receiving awards in many dioceses. I admit that I have been boasting a little about this. Besides, every day, we all try to learn at least one Word of God and share it in the community. But which of these verses I have memorized, have become an indispensable lesson or guiding norms to my life? Here, including me, I invite you all to self-examination. During this year, let us strive to practice at least one Word of God in each month.

If we look at the lives of saints, we see that they reflect in their own life any one dimension of the Person of Jesus in a very creative and heroic way. But we understand that St. Francis imitated in his life all the dimensions of the person of Jesus Incarnate. That is why he is called the ‘Second Christ.’ In the coming months, let us evaluate our lives by concentrating upon the characteristics of the life of St. Francis one by one. Let our Check Point of this jubilee year be the life of our Father St. Francis. The topics can be given from the Generalate to help you all in

this attempt. With the prayer that everyone may be able to spread the Franciscan fragrance wherever we are, I wish you all a happy feast of our beloved Father St. Francis.

Dear sisters, the '33 DayRetreat'is both a distant preparation for the Great Jubilee, and an immediate preparation for the Jubilee of St. Francis. After the retreat, everyone makes very good comments and compliments; but I lovingly remind you to be diligent and faithful in making use of these topics for your daily meditation, andgrowin Trinitarian Love. With much awe and reverence, let us keep in mind this Word of God - "From everyone to whom much is given, much will be required, and from whom much has been entrusted, much more will be asked"(Lk. 12:48b).

Dear sisters, kindly bevigilantto observe the month of October, which is specially dedicated to the Queen of Rosary in a fitting manner. During this month, we celebrate the feasts of the Queen of Rosary, St Little Flower who longed to be a toy in the hands of Infant Jesus and showed the 'little way / shortcuts of love,' and of St. Theresa of Avila, who accurately recorded the paths to reach the heights of contemplation. On this blissful occasion, may all those who come into contact with us be filled with love, and experience the overflow of that love in their daily lives.

My beloved sisters, I sincerely thank you in advance for all the special prayers you areoffering for SrPrincy the General councilor,and myself on 1st October. On behalf of the entire FCC, I extend loving greetings and prayers to Rev SrJosiya, the General Councillorwho celebrates her feast on 15 October.

On 5th October, we celebrate the Feast of StFaustina. Prayerful Greetings to all the sisters of Faustina Group!12thOctober 2025 is the seventeenth anniversary of the Canonization of St. Alphonsa. Let us thank our good Lord, and pray for the graces that enable us, her sisters to take firm steps towards a holy life.

Pier Giorgio Frassatiand Carlo Acutis are two saints who have shown how to live a life of holiness in the modern world,and thus give dynamic inspirations to the young generation. They were canonized by Pope Leo XIV on September 7, 2025. Let us seek the intercession of these young saints specially for our youth.

Born in a wealthy family in 1901 in Turin, Italy, Frassati found time to help the poor and the sick even during his studies. Frassati, who joinedin the Society of Saint Vincent de Paul that was establishedfor the up-liftment of down-troddenoften, gave his clothes and shoes to the poor. Daily Mass and the recitation of the Rosary were important parts of his life. He was also active in politics and supported Catholic principles. While enthusiastically serving the society, he contracted the Polio and died at the age of 24. Thousands of poor people attended his funeral, and then only, even his family members came to know the extent of his charitable work.

Born in London in 1991 and grown up in Milan, Italy, Carlo received his first communion at the age of seven. After that, he attended the Holy Mass every day. "Always stay close to Jesus - that is the plan of my life" – It was the motto of that young boy. Using his skills in computer programming, Carlo created a website on the Eucharistic miracles all over the world. Carlo, who died at the age of 15 from leukemia, used to offer his sufferingsfor the Pope and the Holy

Church. He is also known as the ‘Influencer of God’. Although his family was in Milan, out of his love for St. Francis of Assisi, Carlo wanted to be buried in Assisi, and today, his body is placed for public display in the church which was built on the spot where St Francis took off his clothes and handed it over to his own father (Sanctuary of Spoliation).

Being in their own surroundings, Pier Giorgio Frassati and Carlo Acutis achieved holiness in their own unique ways. One was wealthy, but dedicated himself to the poor; the other used modern technology as a tool to spread the faith. Their short lives are proofs for the possibility to become saints by leading simple life, and by using the conveniences of the modern world in accordance with the will of God. July 4 and October 12 are the feasts of Giorgio Frassati and Carlo Acutis respectively. The lives of these little saints inspire us to bear witness to the Gospel by all means possible in our surroundings.

Vestition and First Profession

The date of Vestition and First Profession of our Second Year Novices are listed below. Let us remember our younger ones in our prayers and good works. Dear Novices, FCC congratulate you for taking a dare step to follow Jesus closely.

Country	Province	Date of First Profession
India	Kerala	
	PKD	08/11/ 2025
	KPLY	08/11/ 2025
	TSR	15/ 11/ 2025
	IJK	15/ 11/ 2025
	EKM	22/11/2025
	IDK	22/11/2025
	Mission	
	JLDR	04/10/2025
	IMPL	18/10/2025
	ELR	30/10/2025
	BPL	6/11/2025
	HZB	8/11/2025
	VJDA	11/11/2025
	NDA	15/11/2025
	DLH	15/11/2025
	DMPR	15/11/2025
Tanzania	NDA, DLH, IDK	27/10/2025

Jubilee

The Tanzania Mission has completed 25 years since its establishment. This mission, which was started by Idukki Province, is now served by our sisters from Delhi and Noida Provinces too.

Altogether, (three Provinces) there are 8 Tanzanian Junior Sisters. In addition, 9 novices are going to make their First Profession on 27 October, in connection with the Jubilee celebration. Jubilee Greetings to all the sisters in Tanzania Mission! The growth of this mission is the grace of our good Lord. Let us give thanks to Him, and pray that this mission may continue to grow and bear fruit.

On 23rd October, General Councillor Sr. Mercy and myself will be leaving for Africa to make official visitation. After the visits to Kenya, Tanzania, Malawi, Uganda and Rwanda, we will return on 24th November. We request your valuable prayers for our safe journey and success of our visits. During this period, the official affairs of our FCC family are entrusted to Rev. Sr. Rose Anitha, the Asst. Superior General.

Seminar

There will be a seminar for the Mission Provincial Councilors in charge of social emancipation, their consultants and those sisters who are active in this field, from 26th February 2026, 4.00 pm to 28th February 2026, 1.00 pm at Amala Provincial House Bhopal. Kindly give names of the participants to the Generalate on or before 31st December 2025.

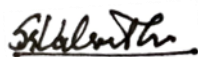
Tribute

The Emeritus Archbishop of Thrissur and the first Bishop of Mananthavady Diocese Mar Jacob Thoomkuzhy, who won a place in the hearts of many with his special consideration for the poor, care for the homeless and the helpless, was called for eternal life on 17th September 2025. Mar Jacob Thoomkuzhy was the bishop who worked tirelessly to deepen the faith in the Church of Malabar. He was the Archbishop of Archdiocese Thrissur for ten years and the first Bishop of Diocese of Mananthavady for more than two decades. F.C.C. children bow in love and respect before his fond memory, wish eternal peace to his soul, who spread the light of simplicity in all sphere of his life.

On the Shore of Eternity

Let us pray for the departed souls of Sr. Ester (KLM, 06.09.2025), Sr. Malakias (IJK, 10.09.2025), Sr. Metilda (KLM, 12.09.2025), Sr. Johnet (BPL, 16.09.2025), Sr. AniMagdaline (IJK, 22.09.2025).

Your humble servant in Jesus Christ,



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(Kindly make this letter available in all our houses)
(For private circulation only)
Jubilee Year of St. Francis – October 2025

Don't Waste Life on Serving the Servant!

The question that changed the dreams of St. Francis, who was running after fame, power, and glory, desiring to become a brave knight of Assisi, was this: **"Francis, which is better, to serve the Master or the servant?"** This question shook the life of St. Francis. He felt it like a moment of questioning all his actions as if it were eternal judgment. Francis replied from the depth of his soul that, "it is better to serve the Master." Later, the only words that constantly echoed within Francis was, "Lord what am I to do, what is your will about me"? Francis made a decision in the presence of the Lord to transform himself into a servant who fulfills the will of the Master. When he decided to return to Assisi giving heed to his Master's voice he was ready to accept the humiliation, mockery, and defeat he would face from his people and country. The strong foundation of the converted life of St. Francis was his immediate, constant, and complete response to all the inspirations he received from the Master. This was his commitment to fulfill whatever the Lord asked of him with all his heart and all his strength.

Francis attained the culmination of conversion through long hours of prayer. When he was uncertain about how to pray, he simply sat before the One who spoke to him and poured out his heart and God Himself taught him how to pray. In silent prayer, the desire of Francis for heaven became intense as he kept repeating, "Lord, what am I to do?" The flame of conversion that God had kindled in him grew into a great fire. Prayer helped him to place Christ at the very center of his thoughts and dreams. Later, after courageously renouncing everything he could have gained from the world, he began to find great joy in fulfilling the will of God.

When his heart began to burn with a divine passion, Francis wept bitterly before the crucifix. **Repentance hastened his conversion.** Selfishness, greed, pride, merry making friends and worldly comforts had no place in Francis's life. Francis could no longer live as he had before. Being with the crucifix, responding immediately to God's voice, becoming poor like Christ, serving God, giving up wealth and fame, sharing with the poor and obeying God in everything became the joy of life in Francis. Thus, Francis slowly came to the experience of God conquering his entire self. It was much heartbreaking to realize that his beloved Lord had been forgotten in many tabernacles. The greatest pain of Francis was losing the souls redeemed by Jesus' blood.

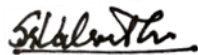
The only ambition of St. Francis, who had overcome his own desires, was to follow Jesus very closely. Thus, **the life of conversion transformed Francis into another Christ.** What helped him in this was the teachings and lifestyle of Christ in the Gospel. He grew in the virtues of love, honesty, humility, and self-denial etc. Francis became very much conscious not to gratify the disgusting impulses of his mind and body, even in the smallest measure, and he remained alert to preserve the highest grace of his soul. Christ who came down from heaven, underwent passion, death, and resurrection, but ignored in the tabernacles, led to the culmination of conversion of Francis and helped him to attain union with God. As the intensity of union with God increased in his soul, the desire to enter into the Paschal mysteries of Christ also increased. Francis began to train himself to live like Christ in his thoughts, words, and deeds. As the fact

that one's life of conversion attracts many others to the path of conversion become a reality in the life of Francis.

The prime value of FCC spirituality is evangelical conversion. Yes, a rebirth, a new creation, and transformation in Christ at any cost. May St. Francis, our Seraphic father, help us in this attempt. Let us exhort ourselves not to waste our life serving the servant.

For Reflection

- ☐ Does the journey of St. Francis, from serving the servant to serving the Master inspire me today? How?
- ☐ Do I or any other person or anything divert me from serving my Master?
- ☐ Am I ready to respond immediately, at any cost, to the divine inspirations?
- ☐ How much I desire to have union with God? Am I ready to attain it at any cost?



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