



Prot.No: 06/2025

Date: 05.01.2025

LMG. No: 01/2025

“He says, In an acceptable time, I have heard your prayer. In the day of salvation, I have helped you. Now is the acceptable time. Now is the time of salvation” (2 Cor. 6/2).

Dear Provincial Superiors, Regional Superiors, Local Superiors, loving mothers and sisters, and my beloved children in formation,

The shepherds, who hurried to Bethlehem hearing the Good news of great joy, were the ones who received the grace of seeing the Saviour first. We have entered into the first days of the Jubilee Year. Like Mother Mary, who ‘hurriedly’ went to the Judean countryside in accordance with the divine message she received through the angel, like the shepherds who went to Bethlehem in a hurry, like our Father St. Francis who responded immediately to all the divine promptings he received, let us be vigilant to receive all the blessings of this Jubilee Year which is filled with abundance of graces. Yes, it is the acceptable time and let us give prompt response without missing any of these graces. Every FCC daughter should strive her level best to make the journey towards her union with God more vibrant and share the spiritual graces she received joyfully with all others, especially to those who have not known yet and accepted Jesus the Savior even after knowing Him. Accordingly, it is fitting for each one of us to formulate an individual program of prayer, together with the *study and sharing of the Word of God*. When this is implemented individually, it will have greater value before God. Once again, I wish everyone a blissful Jubilee Year of abundant grace.

On 6 January - the Feast of Epiphany, when the Eastern Churches commemorate the baptism of Jesus, which reveals the divine identity of the incarnate God, the Western Church commemorates the visit of the Magi to the Infant Jesus at Bethlehem. The fact that the Magi acknowledged and confessed the divinity, humanity, and kingship of Jesus is clearly evident in their offerings. Through our baptism we have confessed the divinity of Jesus and accepted Him as our Lord and Savior and again deepened this experience through our consecration. Let us examine whether we can reflect His

presence in and through our words and deeds. “We all, with unveiled face reflecting the glory of the Lord, are being transformed into the same image from glory to glory, as by the gift of the Lord, the Spirit” (2 Cor3/18) says, St. Paul the Apostle. We are able to reveal Jesus Christ through our lives if only we undergo this transformation. Our Sacramental life especially the active participation in the Holy Eucharist, Meditation on the Word of God, *Lectio Divina* etc: are the means leading us to this transformation. You may feel bored by this repetition, but I believe it’s essential for me to remind you all lovingly of our responsibility to grow in Him by being nourished from these two spiritual sources until we are transformed into Him? Prayerful greetings of the Feast of Epiphany to all!

As the Holy Catholic Church celebrates 2 February as the Day of the Consecrated Persons, we have to thank the good God who has gifted us with this religious vocation. Our Mother St. Clare as well as Pope Francis describes Consecrated Life as an ‘immense gift’. The Holy Father reminds us to seek the intercession of Mother Mary so that our lives may become a ‘celebration of the encounter with the Lord.’ I pray that our lives be a celebration of the encounter with our Heavenly Spouse. Thus, not only 2 February, but all the days of our life become the ‘special days of consecration.’ Then those who come across us meet God every day. Thus their lives also become a celebration!

25 February is the feast of Blessed Martyr Rani Maria, a true model of Active and Contemplative way of Religious Life. A faithful Bride who transformed in to her Heavenly Bridegroom through her intense meditations on His earthly life! She was able to see His holy face in the poor, and to dedicate herself for them. May the example of our elder sister who was ever ready to sacrifice herself for the poor and needy beyond any calculations, always inspire us. Our beloved elder sister teaches us that the true Franciscan spirit is practiced when our calculations come to an end. May the celebration of her feast enable us to imbibe this lesson into our lives. Warm greetings of the feast of Bl. Rani Maria to all my dear sisters!

The General Synaxis will be held from 1-13 February, 2025. The Synaxis of this year is the culmination of the Synodal journey we conducted at the Local, Zonal and Province Levels. I hope that the *Emmaus Diary* might have reached every house by now. It is strictly forbidden to show or give our *Emmaus Diary* to anyone outside our Congregation. As it is given in the previous circular, it is to be read in every

community during our *Emmaus Week*. The method of reading is explained in the first part of the Diary itself. All the members of the General Synaxis are to study this Diary, specially *the call of the Spirit* from all sections, together with the Dreams of the Provinces and prepare themselves for the Synaxis. Besides, the members of the Synaxis are requested to observe *a day of prayer* on any one of the days from 10-31 January, 2025. Kindly pray for the anointing of the Holy Spirit throughout the Synaxis, and on all the members of the Synaxis so that they may be guided by the Spirit. Hope you have already started praying as assigned. Once again may I remind you to pray specially during the Holy Mass, Divine Office, and Eucharistic Adoration.

Dear sisters, I sincerely thank you all for your prayers for all the intentions informed from here. Let us continue to raise our hands together in prayer for the establishment of peace in the world, within our country, especially in the State of Manipur, and also for the Syro-Malabar Church. Remembering the Word of God, “Pray at all times in the Spirit with all prayers and supplications” (Eph. 6/18), let us continue to offer our prayers for all these intentions.

The list of Synaxis members is given below. Kindly offer and pray for them in a special way.

Members of the 9th General Synaxis 01-13th February 2025		
Sl.No.	Name	Designation
EX - OFFICIO MEMBERS		
1	Rev. Mother Litty	Superior General
2	Sr. Rose Anitha	Asst. Superior General
3	Sr. Princy Rose	General Councillor
4	Sr. Jyothis	General Councillor
5	Sr. Julie	General Councillor
6	Sr. Mercy	General Councillor

7	Sr. Josia	General Councillor
8	Mother Ann Joseph	Ex- Superior General
9	Sr. Linda Rose	General Finance Officer
10	Sr. Merlin	Secretary General
PROVINCIAL SUPERIORS		
11	Sr. Brigy	Changanassery
12	Sr. Phonsy Maria	Thrissur
13	Sr. Shephy Davis	Ernakulam
14	Sr. Lisbin Puthenpura	Pala
15	Sr. Merlin	Kothamangalam
16	Sr. Anjali	Thalassery
17	Sr. Tess Maria	Kanjirappally
18	Sr. Annie Davis	Irinjalakuda
19	Sr. Little Flower	Palakkad
20	Sr. Jessy Maria Olickal	Bharananganam
21	Sr. Lilly John	Thamarassery
22	Sr. Anilit	Mananthavady
23	Sr. Rosin	Idukki
24	Sr. Cincy	Hazaribagh
25	Sr. Prabha	Bhopal
26	Sr. Angel Grace	Noida
27	Sr. Betsy Adapur	Vijayawada
28	Sr. Metsy	Delhi
29	Sr. Lilly Maria	Imphal
30	Sr. Lucy Puthanapra	Jalandhar
31	Sr. Lismin	Bareilly
32	Sr. Celia	Thuckalay
33	Sr. Maria Therese	Eluru
34	Sr. Alphonsa	Rajasthan
35	Sr. Jessy Augustine	Rajkot
36	Sr. Lisa	Dimapur

REGIONAL SUPERIORS		
37	Sr. Mercy Mathew	KENYA
38	Sr. Linda Payyampallil	ODISHA
39	Sr. Daisy Thomas	BELTHANGADY
40	Sr. Joice (DLH)	GERMANY
CO- ORDINATORS		
41	Sr. Reny Toms (TSR)	ITALY
42	Sr. Jessy Maria (TSR)	AFRICA
ELECTED MEMBERS		
43	Sr. Joviet	KLM
44	Sr. Filby	TSR
45	Sr. Chriset	PKD
46	Sr. Fatima	VJDA
47	Sr. Geo Maria	CHY
48	Sr. Lisa Martin	PALA
49	Sr. Annies Vallippalam	EKM
50	Mother Ceelia	EKM
51	Sr. Josy Kallarangatt	BHM
52	Sr. Anita Palackal	DMPR
53	Sr. Rose Francy	MTDY
54	Sr. Pushpam	CHY
55	Sr. Lucy Xavier	PALA
56	Sr. Anns Maria	TMY
57	Sr. Rosily Parecatil	BPL
58	Sr. Lucitta	KLM
59	Sr. Cicily Myladiyil	TLY
60	Sr. Angel Rose	IJK
61	Sr. Sancta	ELURU
62	Sr. Little Mary	TSR
63	Sr. Therese Porathur	NDA

64	Sr. Annie Kalapurackalparambil	IMPL
65	Sr. Vineetha Mathew	IJK
66	Sr. Vinaya Bastin	IJK
67	Sr. Subha	IDK
68	Sr. Grace Mundaplackal	PALA
69	Sr. Elsy John	BRLY
70	Sr. Litcy Xavier	EKM
71	Sr. Therese John	TLY
72	Sr. Ancelia	BHM
73	Sr. Jyoti Maria	MTDY
74	Sr. Sajitha	EKM
75	Sr. Joslit	JLDR
76	Sr. Regi Thayyil	RJKT
77	Sr. Lilly Maria	IJK
78	Sr. Ushus Aloor	TSR
79	Sr. Jancy Abraham	KLM
80	Sr. Rani	KLM
81	Sr. Jessy Jose	TLY
82	Sr. Stella Jeas	NDA
83	Sr. Alphonse Maria	DEL
84	Sr. Lissy Thomas	HAZ
85	Sr. Tomcy Maria	KPLY
86	Sr. Liza Sebastian	ELURU
87	Sr. Phoncy Jacob	EKM
88	Sr. Flory Joseph	PKD
89	Sr. Mary Augustine	KPLY
90	Sr. Merly Madakkai	TSR
91	Sr. Tereseena	PKD
92	Sr. Philo Jeas	TSR
93	Sr. Clare Jose	IMPL
94	Sr. Mariet	DMPR

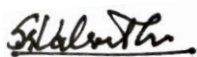
95	Sr. Lizbeth	TKLY
96	Sr. Cicily	CHY
97	Sr. Annies	DEL
98	Sr. Anns Karimpanal	BHM
99	Sr. Anita Jose	EKM
100	Sr. Tessy Maria	KPLY
101	Sr. Jesline	RJN
102	Sr. Saumya	HAZ
103	Sr. Elsa Grace	BRLY
104	Sr. Rosia	TKLY
105	Sr. Bince Maria	IDK
106	Sr. Merly	IJK
107	Sr. Dhanya Kallarackal	JLDR
108	Sr. Sherly Jose Vadakkal	PALA
109	Sr. Leena Clare	NDA
110	Sr. Rani Therese	TSR
111	Sr. Sajitha	DLH
112	Sr. Ligi Maria	BHM
113	Sr. Deepthi	PKD
114	Sr. Tessin	TMY
115	Sr. Thejas	EKM
116	Sr. Sayujya	BPL
117	Sr. Jyoti Soren	HAZ
118	Sr. Noble	VJDA
119	Sr. Liz Mary	CHY
120	Sr. Sherin Ayalloor	PALA
121	Sr. Mable	JLDR
122	Sr. Anice	BHM
123	Sr. Gracebet	KLM
124	Sr. Alphi	DMPR
125	Sr. Amritha George	BPL

126	Sr. Annie Deepa	TMY
127	Sr. Anjana	VJDA
128	Sr. Aleena	IDK
129	Sr. Jyothis	TSR
130	Sr. Reema Therese	MTDY
131	Sr. Tesline	RJKT
132	Sr. Rekha Rose	TSR
133	Sr. Philby	RJN
134	Sr. Thejas	IJK
135	Sr. Bridget	IMPL
136	Sr. Bony Maria	EKM
SPECIAL INVITEE		
137	Mother Sinclair	MTDY

On the Shore of Eternity:

Let us remember our sisters whom God has called to the Heavenly Abode; Sr. Cyril (VJDA, 23.12.2024), Sr. Felicita Mary (24.12.2024) and Sr. Emiliana (Pala, 03.01.2025).

With Love and Prayers,
Yours in our Lord Jesus



Sr.Litty
Superior General

Superior General
Franciscan Clarist Congregation
Portiuncula, Asokapuram
Aluva - 683 101, Kerala, India



(Kindly make this letter available in all our Houses
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